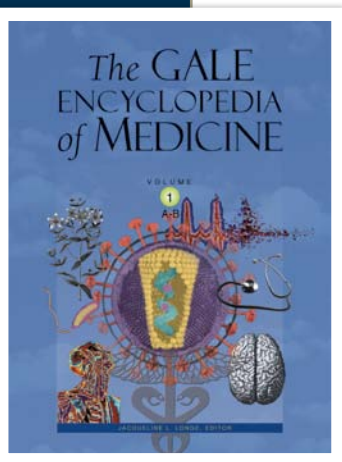


NEW EDITION



The Gale Encyclopedia of Medicine, 4th Edition

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The Gale Encyclopedia of Medicine, 4th Edition

The updated edition of this authoritative, comprehensive, in-depth medical guide features information on more than 1,850 medical topics in language accessible to adult laypersons. Disease/disorder articles typically cover definition; description; causes and symptoms; diagnosis; treatments; prevention; and more. Test/treatment articles typically cover definition; purposes; precautions; preparation; risks; normal and abnormal results; and much more. Biographical and historical sidebars appear throughout the text.

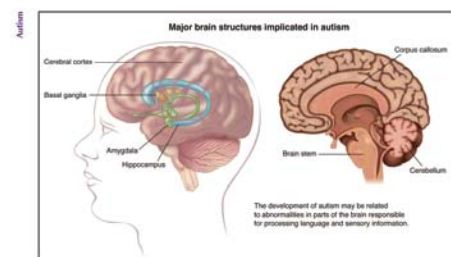
Medical updates include information on the new mammogram guidelines, CPR procedures and the status of H1N1 – as well as many drug recalls. In addition to details on managing diseases and conditions, this set contains valuable information on nutrition and wellness.

KEY FEATURES

- 108 new entries and more than 500 updated entries
- More than 1,850 total entries (500 to 4,000 words) written by medical specialists and reviewed by expert medical advisers
- 765 full-color illustrations, photographs and tables
- Biographical sidebars give extra information on historic and living figures in the medical sciences
- Resources section comprised of books, periodicals, websites and contact information for national health agencies and organizations
- Comprehensive subject index and glossary of terms

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The Gale Encyclopedia of Medicine
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Best Reference

FULL COLOR



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avoid eye contact altogether. They do not actively cuddle or hug but rather they passively accept physical contact or they shy away from it. They may become rigid or flaccid when they are held, cry when picked up, and show little interest in human contact. Such a child does not lift his/her arms in anticipation of being picked up. The child may appear to have formed no attachment to his/her parents, and does not learn typical childhood games, such as "peek-a-boo."

Autistic children do not readily learn social cues. They do not know when or how to react to specific social situations or exchanges. Because of this, autistic children tend to look at and respond to different situations similarly. They do not understand that others have different perspectives and, therefore, autistic children seem to lack empathy.

Because of their problems socially and the inability to translate social interactions appropriately, autistic children seem to have uncontrolled emotional outbursts, expressing themselves in a manner that does not suit the specific social situation of the moment.

Language problems
Verbal communication problems vary greatly for autistic children. Some children do not speak at all.

Some will only use one or two words at a time. Some autistic children may develop vocabulary only to lose it. Other autistic children may develop an extensive vocabulary; however, they have difficulty sustaining a natural, "back-and-forth" conversation. Autistic children tend to talk in a sing-song voice or more robotically, without emotional inflections. Often autistic children do not take body language into consideration and they take what is being said quite literally. Because of their impaired language skills and the inability to express their needs, autistic children seem to act inappropriately to get what they need. They may grab something without asking or blunt out statements.

Restricted interests and activity

Language and social problems inhibit social play for autistic children. Autistic children do not engage in imaginative play and role playing. They focus on repetition, some focusing on a subject of interest very intensely.

Autistic children often stick to a rigid daily routine. Any variance to the routine may be upsetting to them and result in an extreme emotional response. Repetitive physical behaviors such as rocking, spinning, and arm flapping are also characteristic of

KEY TERMS

Antidepressants—A type of medication that is used to treat depression; it is also sometimes used to treat autism.

Asperger syndrome—Children who have autistic behavior but no problems with language and no clinically significant cognitive delay.

Fragile X syndrome—A genetic condition related to the X chromosome that affects mental, physical and sensory development.

Major tranquilizers—The family of drugs that includes the psychotropic or neuroleptic group, sometimes used to help autistic people. They carry significant risk of side effects, including Parkinsonism and movement disorders, and should be prescribed with caution.

Opiate blockers—A type of drug that blocks the effects of natural opiates in the system. This makes some people, including some people

with autism, appear more responsive to their environment.

Phenylketonuria (PKU)—An enzyme deficiency present at birth that disrupts metabolism and causes brain damage. This rare inherited defect may be linked to the development of autism.

Rubella—Also known as German measles. When a woman contracts rubella during pregnancy, her developing infant may be damaged. One of the problems that may result is autism.

Stimulants—A class of drugs, including Ritalin, used to treat people with autism. They may make children calmer and better able to concentrate, but they also may limit growth or have other side effects.

Tuberous sclerosis—A genetic disease that causes skin problems, seizures, and mental retardation. Autism occurs more often in individuals with tuberous sclerosis.

autism. The repetitive behaviors are often self-soothing responses to sensory stimulation from the outside world.

Sensory problems

The sensory world poses a real problem to many autistic children, who seem overwhelmed by their own senses. A child with autism may ignore objects or become obsessed with them, continually watching the object or the movement of his or her fingers over it. Some children with autism may react to sounds by banging their head or flapping their fingers. Some high-functioning autistic adults who have written books about their childhood experiences report that sounds were often excruciatingly painful to them, forcing them to withdraw from their environment or try to cope by withdrawing into their own world of sensation and movement.

Diagnosis

There is no medical test for diagnosing autism. Diagnosis is made after careful observation and screening by parents, caregivers, and physicians. Early diagnosis is beneficial in treating the symptoms of autism. Some early warning signs are:

- avoiding eye contact
- avoiding physical contact such as hugs
- inability to play make-believe

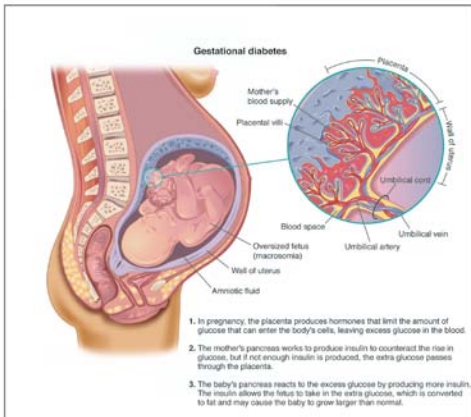
- not pointing out interesting objects
- not responding to conversation directed at him/her
- practicing excessively repetitive behaviors
- repeating words or phrases
- losing skills and/or language after learning them

Once parents feel there is a problem or their pediatrician has identified developmental problems during well-baby check-ups, they can seek out a developmental pediatrician for further diagnosis. There are several screening tests used. They are:

- Childhood Autism Rating Scale (CARS)—a test based on a 15-point scale where specific behaviors are observed by the physician.
- Checklist for Autism in Toddlers (CHAT)—a test to detect autism in 18-month olds that utilizes questionnaires filled out by both the parents and the pediatrician.
- Autism Screening Questionnaire—a 40-item questionnaire for diagnosing children four and older.
- Screening Test for Autism in Two-Year-Olds—a direct observation of three skill areas including play, motor imitation, and joint attention.

Some children have a few of the symptoms of autism, but not enough to be diagnosed with the "classical" form of the condition. Children who have autistic behavior but no problems with language may be diagnosed with Asperger syndrome by using the

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Gestational diabetes

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during pregnancy. Ninety percent of these women develop gestational diabetes, about 8% have pre-existing type 2 (insulin resistant) diabetes, while about 1% have pre-existing type 1 (insulin deficiency) diabetes.

Race and ethnicity strongly affect the rate of development of gestational diabetes. Only about 1.4–2% of Caucasian women develop gestational diabetes, while as many as 15% of Native American women from tribes in the Southwest United States develop the disorder. Between 5% and 8% of Hispanic Americans, African Americans, and Asian Americans develop gestational diabetes. If a woman experiences gestational diabetes, the chance of her developing it again in future pregnancies is as high as 65%.

Description

Carbohydrates (sugars and starches) found in foods such as sweets, potatoes, pasta, and breads, are broken down during digestion into glucose, a simple sugar that circulates in the blood and is used by cells for energy. The level of glucose changes depending on what food and how much of it a person eats. The level usually is highest about two hours after a meal. However, in order for the body to remain healthy, blood glucose levels must stay stable with certain narrow limits. In healthy people, the hormone insulin regulates the blood glucose level by controlling how much glucose enters cells. Once in cells, glucose either is used

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- Asperger syndrome
- Avian flu
- Bandages and dressings
- Basal cell carcinoma
- Bedbug infestation
- Body image
- Bone scan
- Borderline personality disorder
- Breastfeeding
- Breastfeeding problems
- Calcium
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- Childhood obesity
- Colitis
- Complete blood count
- Congestive heart failure
- Craniopharyngioma
- Dental fillings
- Dental implants
- Dental sealants
- Dental x rays
- Detoxification diets
- Digital rectal examination
- Distal pancreatectomy
- Dyspareunia
- Ear, nose and throat surgery
- Eating disorders
- Eczema
- Endoscopy
- Enhanced external counterpulsation
- Epilepsy
- Epstein-Barr virus
- Fainting
- Fecal occult blood test
- Female orgasmic disorder
- First aid
- Gastric bypass
- Gastroesophageal reflux disease
- Germ cell tumors
- Gluten-free diet
- Gum disease
- H1N1 influenza A
- Heart disease
- Hiatal hernia
- Human papillomavirus
- Hypoactive sexual desire disorder
- Infectious disease
- Influenza vaccine
- Inhalants and related disorders
- Laminectomy
- Late effects of cancer treatment
- Light therapy
- Lobectomy
- Low sugar diet
- Lumbar puncture
- Mediterranean diet
- Memory loss
- Mercury poisoning
- Methamphetamine
- MRSA infection
- Neurological surgery
- Nicotine and related disorders
- Occupational therapy
- Organ donation
- Organic food
- Orthodontics
- Palliative care
- Photodynamic therapy
- Physical therapy
- Pneumonectomy
- Preparing for surgery
- Prescription drug abuse
- Provenge
- Psychotherapy
- Red reflex testing
- Retropubic suspension
- Sex reassignment surgery
- Sexual abuse
- Sexual addiction
- Single photon emissions computed tomography
- Sleep deprivation
- Sodium
- Speech therapy
- Spirometry
- Squamous cell carcinoma
- Stent
- Stereotactic radiosurgery
- Stomachache
- Swollen glands
- Tanning
- Teething
- Trans fatty acids
- Transplant surgery
- Triglycerides
- Umbilical hernia repair
- Undernutrition
- Urinary tract infection
- Vaginismus
- Vascular disease
- Vascular surgery
- Vomiting
- Zellweger syndrome

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